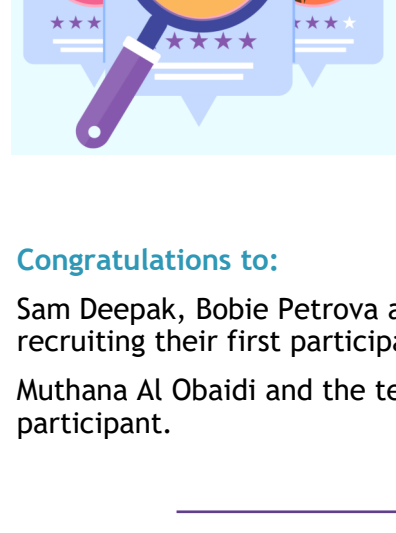




## Recruitment



The trial is now at 51 participants.

We had a very quiet month in September, so are asking for your help to ensure fantastic recruitment in October.

Newcastle have already started us off—recruiting on 3rd October but we need at least 4 more...

**It's over to you!**

### Congratulations to:

Sam Deepak, Bobie Petrova and the team at Nottingham for recruiting their first participant—a fantastic achievement!

Muthana Al Obaidi and the team at GOSH for recruiting their sixth participant.

## Site Openings

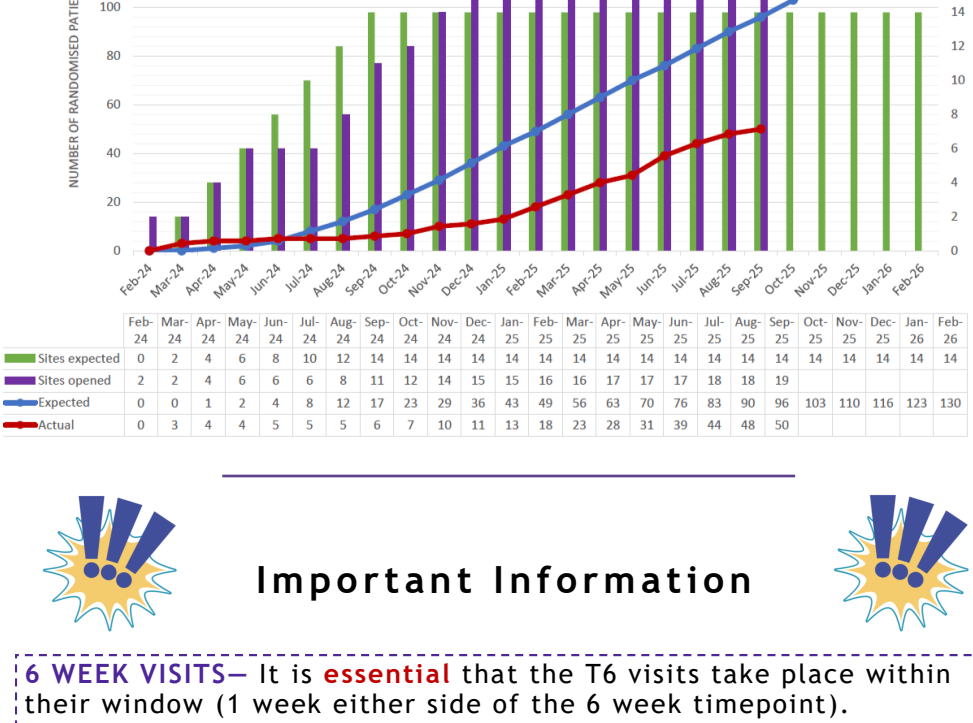


### Welcome to the trial:

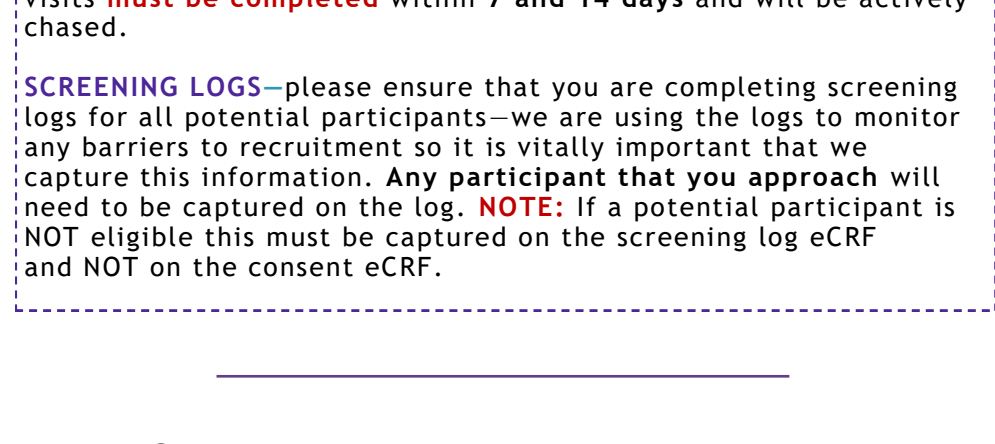
Site 15: Evelina London Children's Hospital  
Evelina opened on 10th September – welcome to the trial team!

◆ [See live site opening & recruitment on our website](#)

## Time Since Site Opening and Total Enrollments by Site



## Recruitment Graph—Expected vs Actual



## Important Information



**6 WEEK VISITS**— It is **essential** that the T6 visits take place within their window (1 week either side of the 6 week timepoint). Participants whose 6 week visit does not occur within the window **will not be included** in the analysis for the trial. We will be sending reminders to ensure that you are aware of the dates. Please consider booking this visit in before randomisation if capacity is an issue.

**DATA INPUT TIMELINES**— Baseline and T6 are the most important timepoints in terms of our primary endpoint - the data for these visits **must be completed** within 7 and 14 days and will be actively chased.

**SCREENING LOGS**—please ensure that you are completing screening logs for all potential participants—we are using the logs to monitor any barriers to recruitment so it is vitally important that we capture this information. Any participant that you approach will need to be captured on the log. **NOTE:** If a potential participant is NOT eligible this must be captured on the screening log eCRF and NOT on the consent eCRF.

## Site Engagement Meetings 2025

**October:**  
Friday 17th - 12:30–13:15

**November:**  
Thursday 13th - 14:00–14:45



These are drop-in sessions for all—with trial management and the CI - to answer queries, talk about recruitment and share best practice. Drop-in when you can!

## Reminders



**JOINT COUNT**— Please ensure that you confirm the participants joint count prior to randomisation. The definition of an active joint for the trial is: **The joint must either have swelling or if there is no swelling, it must have BOTH pain and limitation of motion (LOM).**

**Invoices** — Please ask your finance teams to invoice for set-up and participant costs—we have not received any from sites to date—and these will need to be processed **as soon as possible.**

**Data Queries**—please ensure that you are logging into REDCap regularly to resolve any queries that are raised there. The training provided at last month's site engagement meeting will be added to the website soon.

**Consents**—please send all consent forms securely to [lctc\\_consents@liverpool.ac.uk](mailto:lctc_consents@liverpool.ac.uk) within **7 days following randomisation.**

**Contact for the trial team:**  
[Star-ija@liverpool.ac.uk](mailto:Star-ija@liverpool.ac.uk)

**Connect with us on X (Twitter):**  
@STAR\_JIA\_Trial



Remember to **check out** the new page for sites on the website— all prior training sessions and newsletters are available for you to view [here](#).